Activity 1. Read the questions below and prepare your own answer. Remember to give a direct answer to the question first, then extend your answer by adding extra information in a couple of sentences.

Activity 2. Read the answers below carefully and highlight expressions, vocabulary or idioms that you wish to remember. Make sure you practice them in your speaking, so that you can make use of them in your speaking test.

Part 1. Music

Q: What kinds of music do you like?

I like all sorts of music such as hip hop, pop, classical, and dance music. So, I don't really have a particular genre of music that I like.

Q: Do you play any musical instruments?

Yes, I do. When I was young I learnt how to play the violin although I quit having lessons after playing it for five, six years. I still play occasionally for leisure.

Q: What kinds of music is popular in your country?

In my country, the most popular genre of music is dance music. This is because young people love music that they can dance to and it never goes out of fashion. I think it's partly because there are lots of subcategories of dance music that suit all different tastes. It seems like people never get bored of it.

Q: Do you think music brings benefits to people's lives?

I'm no expert on this field but yes, I do believe music benefits people by nourishing and enriching their lives. Simply listening to music helps people relieve stress and find peace of mind. Also, playing music contributes to stimulating brain cells, which is directly related to mental health. In fact, I heard music is often used to cure mental illnesses such as depression, anxiety, trauma and personality disorders, as part of music therapy. Therefore, benefits of music are undeniable.